

Mystic Medical Aesthetics LLC

107 Wilcox Rd. #106 Stonington, CT 06378

CLIENT INFORMATION & MEDICAL HISTORY

In order to provide you with the most appropriate treatment and/or laser treatment, we need you to complete the following questionnaire. All information is strictly confidential.

PERSONAL HISTORY

Client Name _____ Today's Date _____
Date of Birth _____ Age _____ Occupation _____
Home Address _____
City _____ State _____ Zip Code _____
Home Phone (____) _____ Work Phone (____) _____
Cell Phone (____) _____ e-mail _____
Emergency Contact Name and Phone _____
How were you referred to us? _____
Do you regularly sunbathe or use tanning salons? _____ How often? _____

Which of the following best describes your skin type? (Please circle one type number)

- I Always burns, never tans
- II Always burns, sometimes tans
- III Sometimes burns, always tans
- IV Rarely burns, always tans
- V Brown, moderately pigmented skin
- VI Black skin

MEDICAL HISTORY

Are you currently under the care of a physician? Yes No

If yes, for what: _____

Are you currently under the care of a dermatologist? Yes No

If yes, for what: _____

Do you have a history of erythema ab igne, which is a persistent skin rash produced by prolonged or repeated exposure to moderately intense heat or infrared irritation?

Yes No

Do you have any of the following medical conditions? (Please check all that apply)

- Cancer Diabetes High blood pressure Herpes Arthritis
- Frequent cold sores HIV/AIDS Keloid scarring Skin disease/Skin lesions
- Seizure disorder Hepatitis Hormone imbalance Thyroid imbalance
- Blood clotting abnormalities Any active infection

Do you have any other health problems or medical conditions? _____

Please list: _____

Have you ever had an **allergic reaction**? (List any and all that you have had and describe the reaction you experienced) Food Animal Protein Aspirin Lidocaine
 Hydrocortisone Hydroquinone or skin bleaching agents Others (Please list):

MEDICATIONS

What oral prescription medications are you presently taking?

Birth control pills Hormones

Others (It is required that you list all of them): _____

Have you ever used Accutane? Yes No, If yes, when did you last use it? _____

What antibiotics do you use to treat infections? _____

Do you take any medications for heart conditions? _____

Are you on any mood altering or anti-depression medication? _____

What topical medications or creams are you currently using? RetinA, Others (Please list): _____

What herbal supplements do you use regularly? _____

HISTORY

Have you ever had laser hair removal? Yes No

Have you used any of the following hair removal methods in the past six weeks?

Shaving Waxing Electrolysis Plucking Tweezing Stringing Depilatories

Have you had any recent tanning or sun exposure that changed the color of your skin?

Yes No

Have you recently used any self-tanning lotions or treatments? Yes No

Do you form thick or raised scars from cuts or burns? Yes No

Do you have Hyperpigmentation (darkening of the skin) or Hypopigmentation (lightening of the skin) or marks after physical trauma? Yes No If yes, please

describe: _____

For our female clients:

Are you pregnant or trying to become pregnant? Yes No

Are you breastfeeding? Yes No

Are you using contraception? Yes No

I certify that the preceding medical, medication and personal history statements are true and correct. I am aware that it is my responsibility to inform the doctor or other health professional of my current medical or health conditions and to update this history. A current medical history is essential for the caregiver to execute appropriate treatment procedures.

Signature _____ Date: _____