

# Mystic Medical Aesthetics LLC

107 Wilcox Rd. #106 Stonington, CT 06378

## CLIENT INFORMATION & MEDICAL HISTORY

In order to provide you with the most appropriate treatment and/or laser treatment, we need you to complete the following questionnaire. All information is strictly confidential.

### PERSONAL HISTORY

Client Name \_\_\_\_\_ Today's Date \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_  
Home Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_  
Cell Phone (\_\_\_\_) \_\_\_\_\_ e-mail \_\_\_\_\_  
Emergency Contact Name and Phone \_\_\_\_\_  
How were you referred to us? \_\_\_\_\_  
Do you regularly sunbathe or use tanning salons? \_\_\_\_\_ How often? \_\_\_\_\_

Which of the following best describes your skin type? (Please circle one type number)

- I Always burns, never tans
- II Always burns, sometimes tans
- III Sometimes burns, always tans
- IV Rarely burns, always tans
- V Brown, moderately pigmented skin
- VI Black skin

### MEDICAL HISTORY

Are you currently under the care of a physician?  Yes  No

If yes, for what: \_\_\_\_\_

Are you currently under the care of a dermatologist?  Yes  No

If yes, for what: \_\_\_\_\_

Do you have a history of erythema ab igne, which is a persistent skin rash produced by prolonged or repeated exposure to moderately intense heat or infrared irritation?

Yes  No

Do you have any of the following medical conditions? (Please check all that apply)

- Cancer  Diabetes  High blood pressure  Herpes  Arthritis
- Frequent cold sores  HIV/AIDS  Keloid scarring  Skin disease/Skin lesions
- Seizure disorder  Hepatitis  Hormone imbalance  Thyroid imbalance
- Blood clotting abnormalities  Any active infection

Do you have any other health problems or medical conditions? \_\_\_\_\_

Please list: \_\_\_\_\_

Have you ever had an **allergic reaction**? (List any and all that you have had and describe the reaction you experienced)  Food  Animal Protein  Aspirin  Lidocaine  
 Hydrocortisone  Hydroquinone or skin bleaching agents  Others (Please list):

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### MEDICATIONS

What oral prescription medications are you presently taking?

Birth control pills  Hormones

Others (It is required that you list all of them): \_\_\_\_\_

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Have you ever used Accutane?  Yes  No, If yes, when did you last use it? \_\_\_\_\_

What antibiotics do you use to treat infections? \_\_\_\_\_

Do you take any medications for heart conditions? \_\_\_\_\_

Are you on any mood altering or anti-depression medication? \_\_\_\_\_

What topical medications or creams are you currently using?  RetinA,  Others (Please list): \_\_\_\_\_

What herbal supplements do you use regularly? \_\_\_\_\_

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### HISTORY

Have you ever had laser hair removal?  Yes  No

Have you used any of the following hair removal methods in the past six weeks?

Shaving  Waxing  Electrolysis  Plucking  Tweezing  Stringing  Depilatories

Have you had any recent tanning or sun exposure that changed the color of your skin?

Yes  No

Have you recently used any self-tanning lotions or treatments?  Yes  No

Do you form thick or raised scars from cuts or burns?  Yes  No

Do you have Hyperpigmentation (darkening of the skin) or Hypopigmentation (lightening of the skin) or marks after physical trauma?  Yes  No If yes, please

describe: \_\_\_\_\_

For our female clients:

Are you pregnant or trying to become pregnant?  Yes  No

Are you breastfeeding?  Yes  No

Are you using contraception?  Yes  No

I certify that the preceding medical, medication and personal history statements are true and correct. I am aware that it is my responsibility to inform the doctor or other health professional of my current medical or health conditions and to update this history. A current medical history is essential for the caregiver to execute appropriate treatment procedures.

Signature \_\_\_\_\_ Date: \_\_\_\_\_